

A Quartlerly Publication of Pleasant View Shiawassee County Medical Care Facility

Summer 2023

# Caring for Life

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#### **Newsletter Notice:**

The **Positively Pleasant View** newsletter is now electronic and can be viewed on our website. If you would like to continue receiving your newsletter via mail, please contact our Marketing Department at 989-743-3491 x 531.



# CRT Hosts Pleasant View's 2nd Annual Senior Prom

agical is what comes to mind when describing Prom night.

With twinkling lights throughout Townsquare, music from the '50s and '60s was blaring for all to hear. The joy and excitement was felt by all in attendance.

The ladies were dressed in their best and crowned in tiaras and pearls, and the men in top hats fit for a King, all provided by CRT (Community Relations Team of Pleasant View).

Residents danced the night away, taking short breaks for cocktails and mocktails provided by the Community Relations Team. The Community Relations Team put so much love and energy into this night. Staff donated hours, helping decorate and getting the residents dressed for the Prom. Fosters Coffee and Cupcakes and Kisses donated beverages and snacks for the residents to enjoy. It was a night to remember!





# **Shana Says:**A MESSAGE FROM OUR ADMINISTRATOR

### Be your own best caregiver.

Being a caregiver is one of the most rewarding yet challenging roles we may ever play as adults. Whether caregiving in your personal life or work life, it is a beautiful blessing. However, it can sometimes be draining due to the complex emotions of caring for those you love and respect. Finding it deep within to work through these times is the art of caregiving. It's what we do as caregivers; we are built to outlast the last.

We often fall short when it comes to giving care to ourselves. My fellow caregivers, we have been through a lot, and now it's time to ensure we're taking care of ourselves. Set aside time as often as possible to make yourself a priority. As the weather warms, take time to enjoy the fresh air, go to a beach with family or a movie with your mate, or simply take a deep breath and relax. Self-care is important. YOU are important, so take care of yourself. BE YOUR OWN CAREGIVER.

— Shana Espinoza, MSN, RN, LNHA

# **Events & Happenings**

### **JULY**

3 Red, white, and blue popsicles & 4th of July Craft

4 Fireworks at dusk

6 Men's Group

7 Matt Canfield Band

**10** Bahama Mamas

**11** Fruit Skewers

13 Breath of Fresh Air

**14** Mixed Nuts Band

18 Celebration of Life Remote Control Cars

**19** Car Show with Mijos food truck

**21** Terry Baibos

**24** Birthday Party

25 Mini Golf

**26** Cooking Club

**27** Painting with a Twist

**28** Tom Smela

29 Live Stream of Hannah's Wedding

31 Matt Packer

TBD Restaurant Outing

TBD Park Outing

### **AUGUST**

1 Watermelon

4 Billy McCallister

**7-** Shiawassee

11 County Fair

8 Ice Cream Social

11 Chelsea W.

**14** Mojito Bar

15 Poker Run

**18** Michele Spitz

21 Karaoke

**22** Lawn Games Battle

23 Cooking Club

24 Painting with a Twist

25 Dan Bryson

**29** Wheel of Fortune

31 Breath of Fresh Air!

**TBD** Tractor Show

TBD Outing

### **SEPTEMBER**

1 Clarkson's Music

4 Labor Day Craft

5 Strawberry Daiquiris

8 Mixed Nuts Band

**11** Root Beer Floats

**14** Fall Themed Craft

15 Jim Herman Music

19 Cider & Donuts22 Michele Spitz

26 Oktoberfest

**28** Painting with a Twist

29 Tom Smela Music



# **Tips from T**

THERESA DELAU, RN, BSN, DIRECTOR OF NURSING

## **Celebrating Growth & Change**

o many exciting changes this year at Pleasant View – and we are only halfway through 2023!

We partnered with Theoria Medical and are seeing exciting results thanks to a powerful PV team effort and a willingness from Theoria to collaborate and adapt to the complex needs of a world-class, skilled nursing facility. It is the mark of a strong partnership when we can learn from each other and create an even better product for those we serve.

The construction of our new dialysis clinic is underway, and we look forward to enhancing the quality of life for those we serve with these complex needs.

We had some exciting changes in nurse leadership with **Hollie Dowen, RN**, accepting the role of Assistant Director of Nursing/Infection Preventionist, and **Talenna Ackels, RN BSN**, accepting the role of Nurse Educator. We have made steady progress in these transitions and have much to look forward to as each of these fine nurses continues to develop as professionals, but also how they will each build upon the programs they are stepping into with a fresh perspective.

We collaborated with Jackson County Medical Care Facility and conducted mock annual surveys for each other to help prepare each of our homes for our annual surveys with the state. It is advantageous for an organization to have strong strategic partnerships where we can learn from each other to improve the care and services we provide.

If you've been around PV for a while, you know we do our finest work when we proactively embrace change, turn challenges into opportunities, and continue to develop as a team. I am very proud of this entire team and how each person in their role find ways to improve what we are doing here!

## **Anniversaries**

We would like to acknowledge our staff members for their service and dedication to our residents!

#### **MAY**

Renee Campbell, 4 years Patrick Demello, 7 years Rachel Esch, 4 years Stephanie Harter, 5 years Kelly Knieper, 10 years Kathryn McMillan, 6 years Heather McRae, 1 year Courtney Nichols, 11 years Donald Nidefski, 23 years Leslie Nierescher, 3 years Jennifer Pokorny, 1 year Corey Ross, 8 years Rachel Siddock, 1 year Lisa Snyder, 7 years Mandy Sutton, 13 years Cassandra Szilaygi, 5 years Shelley Tollefson, 9 years Wendy Vincent, 3 years Ashley Webster, 21 years Pamela Westervelt, 5 years Stephen Zemcik, 5 years

#### **JUNE**

Michelle Campbell, 1 year Abigale Corp, 2 years Kenzee DeFrenn, 1 year Jackie Grams, 14 years Gregory Hath, 5 years Amanda Helps, 2 years Grant Johnson, 4 years Diana March, 27 years Lisa Ream, 9 years Julie Spencer, 6 years Lynette Schneider, 10 years Christian Smithingell, 5 years Joale Villarreal, 16 years Brian Wells, 7 years

#### **JULY**

Tylar Casler, 2 years Hanna Cole, 4 years Hanna Crist, 1 year Ruby Dunham, 1 year James Krizan, 6 years Geneva Lamb, 1 year Alexis Morton, 4 years Mikayla Murphy, 1 year Chad Pilot, 9 years David Skuczas, 6 years Angela Smalley, 5 years Aaron Taylor, 2 years

#### **AUGUST**

Annette Billings, 9 years Andrea Bramer, 3 years Donna Bullen, 4 years Haley Carpenter, 1 year Stefanie Dunham, 1 year Tereva Gibbs, 8 years Kristina Griffin, 5 years Erin Kelley, 21 years Alyssa LaBarge, 1 year Tiffany Lopez, 15 years Amanda Lester, 8 years Angela McKinnis, 4 years Jayden Nierescher, 2 years Erika Tomac, 7 years Kristin Wharton, 13 years Debra Wirostek, 12 years

Nothing teaches, hope, kindness, courage and compassion like helping others.

We are looking for awesome people to volunteer with our amazing team!





Shiawassee County Medical Care Facility

Call Rachel Baldwin @ 989-743-3491 x 531 for more information.

# Pleasant View Partners with Concerto to Bring Dialysis In-House for our Residents

he construction has finally started and we are excited about being able to offer this service to our residents.

The demand for renal care has made obtaining appointments very challenging and we are committed to researching every opportunity possible to ensure we offer our residents the best care and health options. The in-house dialysis services will be for Pleasant View SCMCF residents at this time.

If you would like more information, please contact Rachel Baldwin, Public Relations Director at 989-743-3491, ext. 531 or visit us at pleasantviewscmcf.org



SPOTLIGHT ON A TEAM MEMBER:

# Congratulations to Teri Burtis for 41 Years of Service with Pleasant View!

This past February, Teri celebrated her 40th year working at PV.

Teri has been a treasure in many departments from Nursing as a CENA to Restorative aide to the kitchen to Central Supply, twice.

Teri started here at PV February 7th, 1983. This was back when CNAs wore white pants, white shoe and gate belts. From the start Teri became a resident favorite with her caring and shy personality. Her love of the residents and the job showed. Her work ethic and love of the job made her a wonderful trainer when new aides were coming onto the job.

Teri is also the heart of her family, as well. Teri and her husband, Rod, have two boys, Nathan and Nick. With her family she enjoys racing and camping. She spends her summer Friday nights at the race track watching her husband and son. Teri also love her weekly dinners and get away trips with her lifelong girlfriends.

Teri's kind heart, special hugs, positive attitude and singing makes her one of Pleasant View's treasured gems — a true asset to the residents and staff at PV. Thank you, Teri, for your lifetime on the job and everything you do!



